



BALLIN' THE JACK

First you put your two
knees close up tight
You swing them to the left
And then you swing
Them to the right
You step around the floor
Kind of nice and light
And then you twist around
And twist around
With all of your might

Stretch your loving arms way out in space
You do the eagle rock with
Such style and grace
You swing your foot way out
And you swing it back
That's what I call Ballin' the Jack!

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