



MARCHING TO THE BEAT

"Let 's get ready to march on the spot
8 7 6 5 4 3 2 1"

Marching on the spot to the beat of 8
Use your power arms, it 's really great
1 2 3 4 5 6 7 8

Marching on the spot to the beat of 8

"8 7 6 5 4 3 2 1"

Marching forward to the beat of 8
Use your power arms, it 's really great
"Forward now" 1 2 3 4 5 6 7 8

Marching forward to the beat of 8

"8 7 6 5 4 3 2 1"

Marching backwards to the beat of 8
Use your power arms, it 's really great
"Backwards now" 1 2 3 4 5 6 7 8

Marching backwards to the beat of 8

"For the last time - marching on the spot
8 7 6 5 4 3 2 1"

Marching on the spot to the beat of 8
Use your power arms, it 's really great
1 2 3 4 5 6 7 8

Marching on the spot to the beat of 8